## Poetry.

#### THE LITTLE RED COW.

They sing of the graceful Jersey, The queen of the modern churn, The beautiful cow whose butter To masses of gold will turn. We dim not one ray of glory That over her fame is shed, But here's to the "little Devon," The trim little cow in red.

The beautiful, haughty Shorthorn, The "red and white and roan," The elegant white faced Hereford, Will sneer at our cow and groan. But brave is the little Devon, She holds up her shapely head, And stands by her chosen colors, The trim little cow in red.

The little red cow is modest-No wonderful master's hand Has written her butter record All over the smiling land. Far up on the heights of honor Her banner has never led; She works with a modest patience, This trim little cow in red.

The little red cow is patient, She never will fret or moan Because of the bare, bleak pastures When Summer's warm days have flown. She knows that the rain and sunshine Alike in our lives are shed; She looks for a better future, This trim little cow in red.

A modest and patient woman Who cares not when glory calls, Can build an annex to heaven Inside of four roughened walls, When many a stately lady, Who begs for the world's renown, Will find her home sunshine darkened, Her happiness trampled down.

And thus does the little Devon, Untouched by the blinding glare Of glory, work on, and ever Seek bravely to do her share. Then here's to the little Devon, This wreath for her shapely head, The beautiful, modest Devon, The trim little cow in red.

### Household.

-Southern Live Stock Journal.

### KATIE'S JUMBLES.

One cup of butter, 11 cups sugar, three eggs, two tablespoonfuls sour milk, one teaspoonful soda, flour to stiffen. Sprinkle sugar on before baking. Cut in rings or round cakes.

### AUNT LUCY'S BROWN BREAD.

Two cups Graham flour, one cup corn meal, one-half cup sour milk, one teaspoonful soda in the milk, one teaspoonful salt. Warm water to make a moist dough. Bake in a deep pan. This is excellent warm or cold.

### COLD CATSUP.

and squeeze dry, three pints vinegar, three green peppers, three red pepchopped fine. Mix well and bottle.

### BEET SALAD.

Slice cold, boiled beets; cut into neat strips, line a salad bowl with white, crisp lettuce, heap the beets in the center and pour mayonnaise dressing over them just before it goes to the table, or you can pass the dressing with the salad in an ice-cold pitcher or a pretty bowl with a ladle in it.

### GREEN CORN SOUP.

Put in a saucepan half a pint of finely-cut cabbage, one gill of celery also cut fine, two potatoes, one small onion and two small carrots all sliced with two quarts of water and simmer for one hour. Then add one pint of peeled tomatoes cut in slices, and boil half an hour longer. At the end of this time add half a pint of green corn pulp and let all boil up at once; season to taste and serve. If desired, the soup may be strained.

### SALAD DRESSING.

An excellent salad dressing, which if kept cool, will keep for a long time, is made of the yolks of two esteemed it sacred, is practically eggs beaten well with two thirds of extinct in Egypt. The steamers a goblet of the best salad oil (or butter,) adding not more than a in driving it from that river than teaspoonful at a time, and beating the guns of sportsmen, according to it well. One teaspoonful of mustard, | Prof. A. Sayce.

a large pinch of salt, a tiny bit of Cayenne pepper, two tablespoonfuls of sugar, two of vinegar, the juice of one lemon and lastly the whites of two eggs well beaten. Beat the mixture for several minutes, and then thin with vinegar to suit the taste; put into a glass can and keep cool and dark.

#### GREEN GAGE PLUMS.

To every pound of plums allow a quarter of a pound of sugar. Put the sugar and plums alternately in the preserving kettle, first pricking the plums to prevent their breaking. Let them stand on the back of the stove for an hour or two, then put them over a moderate fire and allow to come to a boil; skim, pour at once into jars, running a silver spoon handle around the inside of the jar to break the air &c., for all. bubbles; cover and screw down the tops.

#### HUCKLEBERRY BREAKFAST CAKE.

One quart of flour, one pint of sour milk, half a cup of butter, one even cup of sugar, three eggs, three cups of berries, one teaspoonful of soda sifted with half a teaspoonful of salt twice through the flour. Rub butter and sugar to a cream, beat in the eggs, the milk, the flour, then the berries, which should be first picked over, washed, dried and rolled in the flour until well covered. Stir in quickly and lightly and bake in two broad pans. Cut into squares with a sharp knife and eat warm.

#### PEACH WATER ICE.

Peel and quarter six large ripe peaches; put one pound of granulated sugar, one pint of water, one blanched peach kernel and the white of an egg beaten to a stiff broth in a saucepan on the fire and boil for five minutes. Set the pan on the top of the range, add the peaches, and simmer until they are perfectly soft. Strain through a fine hair seive; add two tablespoonfuls of strained lemon juice and freeze. If color is desired, two drops of cochineal will tint it couleur de rose.

#### IMITATION SOLES.

Clean and wash a pair of flounders and strip off the dark skin. Lay each flat on a dish and make a long gash with a sharp knife just above the backbone. Through this extract the bone, cut each fish into quarters and dip these in beaten egg then in cracker crumbs and fry in hot lard. Drain off every drop of fat from each piece and serve on a hot dish. Garnish with parsley. You can, if you like, cut the boned fish into oblong strips, skewer them into rolls, then dip in egg and cracker and fry. Cooked in either of the forms indicated they bear a marvel ous resemblence to English soles.

### COLD FEET IN BED.

This is a very common complaint and one that causes a great deal of sleeplessness. First, on retiring at night and again early in the morning we are awakened by cold feet, and One peck ripe tomatoes, cut fine cannot get them warm except by drawing them up almost to the chin. This occurs not only in the young, pers, salt to taste. One teacup mus- but in the middle-aged and the old tard seed, two tablespoons black For this there are two remediespepper, whole, four bunches celery, the hot bottle and lamb's wool socks, a few whole cloves, a few onions either or both of which may be used. When we consider that during the day, while we are active, we wear stockings and shoes, does it not seem strange that at night when the temperature of the air is lower. and when we are inactive, that our feet should have less covering than during the day? The reasonable plan is to have a special pair of socks for night use, put them on when going to bed and change them when we get up. The result will be better and more serene sleep; consequently we shall be more able to undergo our daily exertions. I say at once to all who suffer from cold feet, get a pair of warm socks for night wear. A good walk for half an hour before retiring warms the feet and sends a nice glow all through the body and disposes to sleep. It must not be supposed that these remedies make one less able to stand cold; they are simply to retain the heat of the body and allow of comfort and if followed, much benefit will be derived.—T. R. Allison, M. D.

> -It appears that the crocodile, like the faith which formerly plying the Nile have had more effect

# Premums for The Workers!

FOR THE FARMERS, FOR THE LADIES, FOR THE BOYS AND FOR THE GIRLS.

THE PROGRESSIVE FARMER is a live, and as its name indicates, a progressive paper, devoted to the interests of the farmers of North Carolina, and will be filled each week with twenty-five columns of reading matter, editorial, correspondence from leading farmers and others, farm notes for the farmer, household receipts for for the housekeeper, stories for young and old, miscellaneous matter, mirth, wit,

It will be kept up to the full standard of modern agricultural journalism. We propose to make it a paper that North Carolina farmers may not only read with profit, but one of which they may be proud.

We hope in the near future to see it become a weekly visitor in the households of thousands of farmers. In this work we have the sympathies and good wishes of many friends, who send us cheering words and write us encouraging letters, all of which we appre-

We want our friends to help us extend the circulation of this paper. We do not expect nor ask them to give us their time for nothing, and accordingly we offer as compensation for the service that may be rendered us in securing clubs o subscribers for one year, the following

#### SPLENDID PREMIUM LIST

embracing articles of real value to the farmer, to the farmer's wife, to the boy and to the girl.

There is no chance work, no prize lottery business, in this, and no Cheap John goods are offered.

Every one who works for us is sure of getting either one of the premiums offered, and everything offered is guaranteed by us and by the responsible parties who supply them as being up to the standard and of full value as represented.

The premiums will be securely packed, addressed to the getters up of clubs and placed on the cars at Winston free of cost.

Clubs of over sixteen may be divided between two or more post offices, but clubs of sixteen or under must be addressed to one post office.

The offer of this premium list will hold good for three months, that is to the first of June next. Now here is a chance for active men, good women, boys and girls, to help us extend the circulation of The Progressive Farmer, get a substantial and valuable premium, and benefit themselves.

The receipt of lists for clubs will be duly acknowledged in our columns from week to week.

If you don't want any of the premiums send us six subscribers and get your own copy free.

#### Without a Dollar you may get one of J P. Nissen's celebrated Two-Horse Wagons.

For a Club of 200 yearly subscribers sent to us with the CASH, by the 1st of September next, we will give a J. P. NISSEN WAGON, two-horse, medium, complete with cover, worth \$80.00.

To the one who shall send us the largest number of subscribers over 200, we will give a Wagon and a splendid double sett of Hand Made Harness complete, Bridles, Collars and Reins, worth \$95.00.

No. 1. FOR A CLUB OF 25. One Leader Corn Sheller. Capacity 25 to 40 bushels per hour, worth \$10.00.

No. 2. FOR A CLUB OF 16. One Smith Feed Cutter, worth \$6.50,

No. 3. FOR A CLUB OF 9. One plantation Bell, with fixtures complete for hanging, weight 75 pounds, \$3.75.

No. 4. FOR A CLUB OF 8.
One Farmers' Friend Plow with wrench, extra point and mould board, worth \$3.25.

No. 5. FOR A CLUB OF 50. One Double-barrel Breech Loading Shot Gur 30 inch barrels, No. 12 gauge, worth \$20.00.

No. 6. FOR A CLUB OF 26. One China Set of 53 pieces, worth \$10.50.

No 7. FOR A CLUB OF 7. One Disston's Cross Cut Saw, six feet long, (The above goods we get from S. E. Allen, Winston, N. C.)

No. 8. FOR A CLUB OF 25.
One Dexter Corn Sheller, without fan. Capacity 25 to 40 bushels per hour, worth \$10.00.

No. 9. FOR A CLUB OF 30. The Dexter Sheller, with fan, worth \$12.00.

No. 10. FOR A CLUB OF 8.
One Boy Dixie Plow, wrench, extra poin and mould board, worth \$3.25.

No. 11. For a CLUB of 32. One Double-barrel Shot Gun, Muzzle loader, 40 inch, steel barrels, worth \$13.00.

No. 12. FOR A CLUB OF 6. Four splendid Steel Hoes, worth \$2.00.

No. 13. FOR A CLUB OF 14. One eight day, walnut frame Clock, worth \$5.00.

No. 14. For a Club of 8. One day Clock, with weights, worth \$2.75.

No. 15. FOR A CLUB OF 9. One day Clock, walnut frame, worth \$3.50.

No. 16. FOR A CLUB OF 4. One day Nickel Clock, worth \$1.50.

No. 17. FOR A CLUB OF 7.

One day Nickel Clock, with alarm attachment, worth \$2.50. No. 18. FOR A CLUB OF 25. One good Silver Watch, genuine American

lever. worth \$10.00. (These goods we get from W. T. Vogler, Winston, N. C., and are guaranteed.)

No. 19. FOR A CLUB OF 32. One No. 7 "Selmo" Cook Stove, with 13 pieces and 3 joints of pipe and one elbow-a splendid Cook Stove, worth \$13.25. No. 20. FOR A CLUB OF 27.

Sixty-six feet of 10 inch Tobacco Flues with six elbows and two caps, an outfit for a barn 16 feet square, worth \$10.80. No. 21. FOR A CLUB OF 7.

One Tin Chamber Set, 3 pieces and neatly painted, worth \$2.50. (These goods we get from Giersh, Senseman & Co., Salem, N. C.)

No. 22. FOR A CLUB OF 9.
One Patch Hand Corn Sheller, to be attached to an ordinary box, guaranteed and will last a life time, worth \$3.00.

No. 23. For a CLUB of 17. One Kitchen Safe, 3 shelves, one drawer—all poplar and very neat, worth \$7.00.

No. 24. FOR A CLUB OF 11. One Dining Table, 3x4 feet, with drawer—all poplar and very neat, worth \$4.50.

No. 25. FOR A CLUB OF 35.
One Dressing Case, 3 drawers, quarter marble, 2 toilet drawers and glass—walnut and very neat, worth \$14.00.

(These goods we get from A. C. Vogler, Salem, N. C.)

No. 26. For a Club of 30. One "Daisy" Feed Cutter, 6 inch blades, worth \$12.00. No. 27. For a Club of 35.

One "Telegraph" Feed Cutter, No. 5, worth

No. 28. For a Club of 18.
One Saddle, quilted seat, ull stock, worth

No. 29. For a Club of 25. One Single Buggy or Single Wagon Harness with bridle, reins and collar, worth \$10.00.

No. 30. For a Club of 37.

One Set Double Wagon Harness, bridles, collars and reins, hand made, worth \$15.00.

No. 31. For a Club of 9.

One Clipper Plow (one horse) extra point and mould board, worth \$3.50.

No. 32. For a Club of 3. One Pair neat Andirons, worth \$1.00.

No. 33. For a Club of 15. One Hand Saw, one Chisel ¾ inch, one Chisel 1 inch, one Auger ¾ inch, one Drawing Knife, one Hammer, one Square and one Hatchet—all first class, worth \$6.00.

For a Club of 3. One good Brace, adjustable socket, with 4 bits, worth \$1.40. (These goods we get from Brown, Rogers & Co., Winston, N. C.)

No. 34. For a Club of 8. One Sack (167 pounds) Lister's Ammoniated Phosphate for Tobacco, worth \$3.33.

No. 35. For a Club of 10. One Sack (200 pounds) of either British Mixture, G. Ober & Son's Special Compound, Owl Brand Tobacco Guano, or Game Guano—all for Tobacco, worth \$4.00.

(These goods we get from W. T. Carter & Co., Winston, N. C.)

One Tate's Victor Grain and Seed Separator and Grader, with wheat screens complete-capacity 20 bushels per hour. Has complete self bagging arrangement. Will give four grades of the grain—bagging each grade separately if desired. The best and simplest Separator or Fan in the United States, worth \$22.50 (Manufactured by Winston Agricultural Works, Winston, N. C., and guaranteed.)

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SOUTHBOUND-DAILY.

	Now Vouls 10. 00.	V.	
ve	New York12 00 night	No. 52.	
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NORTHBOUND-DAILY. Concord...... 5 53 " 

 Salisbury
 6 10 "

 High Point
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 Greensboro
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 Hillsboro ......11 54 " 

 Durham
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 Chapel Hill
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 Raleigh
 1 35 "

 Goldsboro
 4 40 "

 Keysville ......12 51 Richmond ..... Lynchburg..... Charlottesville.... Washington.... .11 25 " Philadelphia..... ... 3 00 a m 12 35 pm New York ..... . 6 20 " \*Daily except Sunday.

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LIABILITIES: Assessments Paid in Advance...\$ 805.63 Due Assessment Accounts...... 6,785.73

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### A CARD.

MR F H HYATT, Special Agent for the Valley Mutual Life Association, of Virginia-SIR:—Permit me to express my appreciation of the promptness and business-like manner with which you paid the Life Policy of \$3,000 on the life of John P Secrest, of Monroe, Union county. The action of the secretary in thus county. The action of your Company in thus promptly adjusting this claim must commend it to the favor of all honest people.

H C ASHCRAFT,

Guardian.

Winston, N C, April 29, 1886.